



# *Natural Family Planning*

*ATTENTION ENGAGED COUPLES  
AND INTERESTED MARRIED COUPLES*

*Natural Family Planning for your marriage is the secret weapon for great love, unity, and faithfulness.*

*Come join other engaged couples across the diocese to learn:*

- ◆ *What Natural Family Planning (NFP) is and what it is not*
- ◆ *Why the Catholic Church recommends NFP*
- ◆ *How NFP encompasses and deepens your wedding vows*
- ◆ *An honest perspective from couples*

*The Eastern DuPage Deanery welcomes certified BOMA (Billings Ovulation Method) instructor Dr. Carolyn and Dr. Vito Spadafino.*

*Immaculate Conception  
Plunkett Hall  
134 Arthur St  
Elmhurst, IL 60126  
February 23, 2019  
9:30-11:00am.*

*To register for this event, please visit [www.easterndupagedeanery.org](http://www.easterndupagedeanery.org)*