

# Best List of Confirmation Saints

Based on list by RACHEL PENATE

What an incredible gift we have in the communion of saints. The saints are like us! They are our ancestors, our teachers, our friends, our siblings. They are real, truly human. They are sinners, they are repentant children of God. The saints lived on this earth and experienced suffering, joy, pain, broken promises, peace, frustration, war, injury, heart-break... they know our hearts. But mostly, they know what it takes to be united with God here on this messy earth. They know what it takes to live well for Him.

## Why a saint for Confirmation?

We choose a Confirmation saint (like we choose a Confirmation sponsor) not out of due diligence to the "rule," but rather because *we realize how unfortunate it would be to travel alone*. We recognize how important it is to know your Confirmation saint not only by name, but also by story. The saints have so much to teach us about this journey. Pick a saint who speaks to you somehow. Know their story. But, mostly know the power of their prayer. Ask for their intercession like you would ask for the prayers of your friends. Saying "yes" to a Confirmation saint is like saying "yes, you may always pray for my poor and weary soul."

## Saints who I'm pretty sure were actually superheroes.

No, their "superpowers" weren't designed by fancy machinery or alien power. They were simply receptive to the mighty power of God. These saints' stories are incredibly heroic.

St. Mary, the Mother of God  
St. Peter  
Bl. Miguel Pro  
St. Maximilian Kolbe  
St. Joseph Cupertino  
St. George Martyr  
St. Joan of Arc  
St. Padre Pio

St. Louis IX  
St. George  
St. Simeon Stylites  
St. Quiteria  
St. Denis  
St. Margaret of Antioch  
St. Patrick

## Modern day saints

Men and women who know what it means to live in the 20th century and still live a holy life. Whew, that's not only impressive, but beautiful. We have a lot to learn from these men and women.

St. John Paul II  
St. Gianna  
St. Mother Teresa  
St. Teresa Benedicta of the Cross  
St. Katharine Drexel  
St. Maria Faustina Kowalska

St. John XXIII  
St. Pauline of the Suffering Heart of Jesus  
St. Luigi Orione  
St. Andre Bessette  
St. Jaime Hilario Barbal  
St. John Henry Newman

## Saints with a really cool conversion story

God works wonders in our lives in small and hidden ways, but sometimes His wonders are loud. These saints experienced a profound conversion that really shaped their life in tremendous ways.

St. Ignatius of Loyola  
St. Francis of Assisi  
St. Mary Magdalene  
St. Paul  
St. Augustine of Hippo (also a doctor of the Church)  
St. Genesius  
St. Vladimir of Kiev  
St. Moses the Black

## **Saints who are Doctors of the Church**

No, we're not talking about Dr. House or Dr. Who, but rather physicians of the theology of the Church. Men and women who, through their own intense study and reflection, have given the Church great wisdom and insight.

St. Ambrose	St. Peter Chrysologus	St. Peter Canisius
St. Jerome	St. Leo I, the Great	St. John of the Cross
St. Gregory the Great	St. Peter Damian	St. Robert Bellarmine
St. Athanasius	St. Bernard of Clairvaux	St. Albert the Great
St. John Chrysostom	St. Hilary of Poitiers	St. Anthony of Padua
St. Basil the Great	St. Alphonsus Liguori	St. Francis de Sales
St. Gregory of Nazianzus	St. Cyril of Jerusalem	St. Lawrence of Brindisi
St. Thomas Aquinas	St. John of Damascus	St. Catherine of Siena
St. Bonaventure	St. Cyril of Alexandria	St. Thérèse of Lisieux
St. Anselm of Canterbury	St. Bede the Venerable	St. Teresa of Avila
St. Isidore of Seville	St. Ephrem the Syrian	St. Hildegard of Bingen

## **Saints who reached sanctity before the age of 25**

Most of these saints were young when they reached sainthood. What's your excuse?

Bl. José Sánchez del Rio	Bl. Pier Giorgio Frassati
St. Agnes of Rome	St. Charles Lwanga
St. Dominic Savio	St. Perpetua
St. Tarcisius	St. Francisco Marto
St. Maria Goretti	St. Jacinta Marto
Bl. Chiara Luce Badano	St. Philomena
St. Aquilina	St. Aloysius Gonzaga
St. Gemma Galgani	St. Katerina Tekakwitha
St. Elizabeth of Hungary	St. Joan Of Arc
St. Catherine of Alexandria	St. Stanislaus Kostka
St. Dymphna	St. John Berchmans
St. Lucy	St. Agatha Of Sicily

## **Saints to invoke if you need prayers for a very specific intention**

A saint is way more than their patronage, but sometimes we just need a saint in our lives who can pray for us in a particular way.

For the universal Church and fathers – St. Joseph	For friendships – St. John the Evangelist
For abuse victims – St. Monica	For Christian mothers – St. Anne
For earaches – St. Polycarp	For adopted children – St. Thomas More
For headaches – St. Teresa of Ávila	For bakers – St. Nicholas
For sore eyes – St. Clare of Assisi	For fisherman – St. Andrew
For those too sick to care for themselves – St. Roch	For hunters – St. Hubert
For the poor – St. Lawrence	For physicians – St. Luke
For protection from fire – St. Agatha of Sicily	For clowns, actors – St. Genesius
For "hopeless causes" – St. Jude Thaddeus	For authors – St. Francis de Sales
For athletes – St. Sebastian	For cancer patients – St. Peregrine
For musicians – St. Cecilia	For those suffering nervous and mental afflictions – St. Dymphna
For artists – St. Catherine of Bologna	For those who struggle with doubt – St. Thomas
For students – St. John Bosco and St. Benedict	For farmers and rural communities – St. Isidore the Farmer
For speakers and philosophers – St. Justin Martyr	
For travelers – St. Christopher	

These are only some in a long list of Catholic saints.....